

## Guidance for Sports and Recreation Activities

Following the Chief Minister's announcement made on 1 April 2021, as of 00:01 on Friday, 2<sup>nd</sup> April 2021 outdoor sports and recreational activities will be able to take place by following the strict guidelines as set out below.

Governing Bodies of Sport, Local Sports Associations (and their member clubs) are encouraged to risk assess any sporting activity in accordance with the guidance and are advised to visit the [www.gov.im/COVID19](http://www.gov.im/COVID19) website for any further guidance.

Sports should also seek the advice and specific guidance for their own sports and activities from their National Governing Body of Sport

1. Individuals from different households may exercise outdoors in a group of no more than 10 people.
2. Outdoor sports and activities only (no indoor sport).
3. Club houses, changing rooms and toilets at sport facilities to remain closed
4. Social distancing of at least 2 metres is required.
5. Face coverings should be worn.
6. No governing Body of Sport (or member club) is to organise competitions, tournaments, fixtures or events.
7. No sharing or touching of communal equipment in situations where a member of different households would use the same equipment but at different times.  
Examples of this are:
  - A rake or golf flag on a golf course.
  - Bowls on a bowling green.
  - Tennis balls on a tennis court.